

SAP COUNTY COORDINATION UPDATE

May, 2015



Prepared by: PA Network for Student Assistance Services (PNSAS)

www.sap.state.pa.us

PENNSYLVANIA NETWORK FOR STUDENT ASSISTANCE SERVICES INTERAGENCY UPDATE

PAYSPI Announces Suicide Prevention Night at the Ballparks!

Support suicide prevention in Pennsylvania with our second annual Suicide Prevention Night at the Ballpark. The Pennsylvania Youth Suicide Prevention Initiative (PAYSPI) and the PA Adult/Older Adult Suicide Prevention Coalition will once again partner with the Harrisburg Senators for a special suicide prevention night on Friday, June 12. Additionally, we are excited to announce our partnership this year with the Philadelphia Phillies for Suicide Prevention Night with the Phillies on Friday, June 26. Come out and be a presence to support suicide prevention. In addition to great baseball, the winning submissions for the 2015 PAYSPI youth suicide PSA contest will be on display at both games, including the winning videos being displayed on the jumbotrons. The contest winners will be present for the Phillies game on June 26 for a special honor – and someone will throw out the first pitch! To learn more about how you can support suicide prevention in Pennsylvania by attending these games and purchasing your **DISCOUNT** tickets, please go to www.payspi.org and click on the baseball slider.

PA Bullying Prevention Consultation Line

The Office for Safe Schools, Pennsylvania Department of Education (PDE) is pleased to announce the availability of the PA Bullying Prevention Consultation Line. The Bullying Prevention Consultation Line is a toll free number that will allow individuals experiencing chronic and unresolved bullying to discuss effective strategies and available resources to deal with school-based bullying. This supportive resource has been developed in collaboration with the Center for Health Promotion and Disease Prevention (CHPDP), and is available, at no cost, to students, parents/guardians and school districts across the state of Pennsylvania. Messages can be left 24 hour a day, seven days a week, and will be returned Monday-Friday during normal business hours. The Consultation Line number is 1-866-716-0424.

Newly Revised Homeless Handout for SAP Teams

“Homeless and Displaced Families and the School” has been recently revised and released by PDE. Included in this document is a section for Student Assistance teams “What the Student Assistance Program (SAP) Professionals Can Do to Help Students Experiencing Homelessness”. The document can be downloaded at www.sap.state.pa.us.

School Climate Survey Webinar

The Office for Safe Schools of the Pennsylvania Department of Education announced the release of school climate surveys to all school entities in the Commonwealth. The surveys are intended to provide schools with formative and summative climate data for use with needs assessments, program development and short and long term planning. The domains measured by the surveys include: Social Emotional Learning, Student Support, High Expectations and Academic Rigor/Challenge, and Safe and Respectful School Climate. Surveys are available for grades 3-5, 6-8, 9-12, staff and faculty, parents and community members. The surveys and their results are located on a secure website and are completely confidential. Survey data will be the sole property of the school district. No results will be reviewed by the PA Department of Education for any reason. The surveys are completely free to all participating school entities in the Commonwealth of Pennsylvania. School

entities can choose to administer any and all of the available surveys. Use of the surveys is at the discretion of each school entity. Surveys are available for administration year round to assist school entities with ease of use and planning of administration. A webinar introducing the surveys was held on April 20, 2015 and is available at: <http://vclass.cciu.org/index.html> look for the April 20th date and the title "School Climate Surveys".

RESOURCES

Celebrate Children's Mental Health Awareness on May 7th!

This year marks the 10th anniversary of the Substance Abuse and Mental Health Services Administration's (SAMHSA) National Children's Mental Health Awareness Day. On Awareness Day, Thursday, May 7th, 2015, SAMHSA will address the needs of children, youth, and young adults with mental health and substance use challenges and their families. A national launch event will take place in Washington, DC. The national event will highlight strategies for integrating behavioral health with primary health care, child welfare, and education. Last year, more than 1,100 communities and partner organizations throughout the country, including Tribes and Territories, hosted Awareness Day activities focused on the mental health needs of children, youth, young adults, and families. We expect just as many this year!

You may support Awareness Day by hosting an Awareness Day event or activity in your community. You can tailor such events and activities to the needs of your community, as well as to the ages of children served by your organization. You can also post the Awareness Day 2015 Save the Date logo on your organizational website or share social media messages about the observance. SAMHSA has materials and resources available for supporters to use in promoting these activities. You can access SAMHSA's materials by <http://www.samhsa.gov/children>.

National Institute of Mental Health (NIMH) Mental Health Awareness Week

National Children's Mental Health Awareness Week is from May 3-9, 2015, which is geared toward raising awareness to the issues and causes integral to the children's mental health field in communities across the country. In recognition this year, the National Institute of Mental Health (NIMH) is hosting its first live Google+ Hangout on first-episode psychosis. Each year, about 100,000 young people in the U.S. experience a first episode of psychosis. To learn more about warning signs and treatments for first-episode psychosis, please watch NIMH's Hangout on May 5, 2015, from 2 to 3 p.m. EST. We encourage you to ask questions before the Hangout or during! Go [here](#) to learn more on how you can participate. Please help us spread the word about our Google+ Hangout by joining our [Thunderclap](#) on May 5!

National Prevention Week

National Prevention Week is a SAMHSA-supported annual health observance dedicated to increasing public awareness of, and action around, substance abuse and mental health issues. National Prevention Week 2015 will take place May 17-23, 2015. The theme for 2015 is "The Voice of One, the Power of All." Explore the National Prevention Week website to learn more about how you can get involved, from planning a community event to participating in the "[I Choose](#)" Project. [Learn more about National Prevention Week.](#)

New "Talk Kit" for Parents: Get Advice on Talking to Your Teen about Marijuana

As more states legalize the recreational use of marijuana, parents are finding it more challenging to talk to their teens about drug use. A new resource for parents, called the "Marijuana Talk Kit" takes this new landscape into account. It provides specific examples for starting conversations and answering teens' questions about marijuana. The Talk Kit explains that although marijuana is legal in some states, it does not change the fact that all mind-altering substances — including marijuana — are harmful for the still-developing teen brain. Inside the Marijuana Talk Kit, you will find:

- The effects of marijuana
- Why weed is still risky for teens
- Ways to talk with your teen about marijuana
- What you should - and shouldn't say - when talking with your teen

- How to respond to your teen’s questions and arguments
- Resources to help

Go [here](#) to download the toolkit.

Gambling Problems: An Introduction for Behavioral Health Services Providers

This free SAMHSA Advisory articles provides an introduction to pathological gambling, gambling disorder, and problem gambling, and their link with substance use disorders. Describes tools available for screening and diagnosis, as well as strategies for treating people with gambling problems. Download the article [here](#).

CDC Releases New Community Health Status Indicators (CHSI) 2015 Web Application

Want to know how the county you live in compares to other counties in regards to health, social factors, and other indicators? The Community Health Status Indicators (CHSI) 2015 is an interactive web application from the Centers for Disease Control and Prevention (CDC) that produces health profiles for all 3,143 counties in the United States. Each profile includes key indicators of health outcomes and factors that have the potential to influence health outcomes, such as health care access and quality, health behaviors, social factors and the physical environment. The social factors and the physical environment are especially important because they represent the conditions in which people are born, work, and play. Neighborhoods with affordable healthy food, safe and accessible housing, and quality employment opportunities can positively influence behaviors and help to create healthy lifestyles. The World Health Organization and others call the living conditions that can affect health and quality of life the “social determinants of health”. Click [here](#) to go to the application.

NCTSN LGBTQ Video Resource Guide

To accompany the new video, *Safe Space, Safe Places: Creating Welcoming and Inclusive Environments for Traumatized LGBT Youth*, the National Child Traumatic Stress Network (NCTSN) Child Sexual Abuse committee presents the *NCTSN LGBTQ Video Resource Guide*. After having staff view the video, agencies can use this one 2-sided page as a training tool in follow-up meetings or in supervision. *Safe Space, Safe Places* features five LGBTQ youth describing how trauma has affected their ability to feel safe when seeking services and highlights how bias impedes optimal care. NCTSN presenters discuss specific steps that professionals and organizations can take to create safer and more welcoming environments for traumatized LGBTQ youth. Access the video, guide, and other resources [here](#).

New Autism Awareness Infographic Available

The National Center for Missing & Exploited Children (NCMEC) has a new Autism Awareness Infographic to help communities increase awareness about the issues of wandering in children with autism, enabling them to better address these issues in communities. For the graphic, please click on http://www.missingkids.com/en_US/documents/AutismAwareInfographic.pdf.

STRYVE (Striving to Reduce Youth Violence Everywhere)

[STRYVE \(Striving to Reduce Youth Violence Everywhere\)](#) is a national initiative led by the [Centers for Disease Control and Prevention \(CDC\)](#) to prevent youth violence before it starts among young people ages 10 to 24, including college-aged students. STRYVE's vision is safe and healthy youth who can achieve their full potential as connected and contributing members of thriving, violence-free families, schools, campuses, and communities. STRYVE online, a critical part of the website, is an evolving resource that IHE administrators, community members, organizations, and leaders can use to develop, implement, and evaluate youth violence prevention approaches. To learn more about STRYVE and its programs, click [here](#).

When Veterans Return, Their Children Also Deal with Invisible Wounds of War

Twice a day, Koen Hughes’s medicine alarm beeps and sputters. He yells out across the kitchen to his father, retired Army Staff Sgt. Jonah Hughes, an Iraq war veteran, who suffers from such a severe brain injury that it’s hard for him to remember things like whether he showered, and sometimes how to shower. Koen is always there, reminding him to

take his anti-seizure pills, nervously double-checking his medicine box and squinting as he monitors his father's behavior. Koen is 10.

In households nationwide, hundreds of thousands of wounded parents have come home from the wars in Iraq and Afghanistan, and their children are struggling to navigate the invisible wounds — traumatic brain injuries and post-traumatic stress disorder, which together afflict an estimated 30 percent of the 2.7 million former troops. The everyday toll on children is unprecedented, advocates for veterans' families say, because their parents have complex injuries that would have ended their lives in wars past, before recent medical advances, and suffer from the psychic scars of multiple deployments.

The wounded parents often live with extended trauma and uncertainty. These veterans suffer blind spells. There are brain surgeries. And more brain surgeries. Hearing loss. Memory lapses. Excruciating sensitivity to bright light and noise. Dizziness. Insomnia. Addiction to painkillers. Agoraphobia. Increased risk of suicide and depression.

Their children often suffer social isolation. To avoid setting off their parents, they can be deprived of sleepovers or play dates or even a game of hide-and-seek. They're anxious, worrying about whether their parents will survive.

While the children are often more resilient and compassionate than their peers, they are also more angry and frustrated. And they can be troubled by self-esteem issues and a loss of childhood because they often take on a parental role, according to a study by the Caster Family Center for Nonprofit and Philanthropic Research.

"They have this parent that doesn't know how to play with them anymore. Or just can't. The kids can't run up and say 'boo!' or scream or jump on the bed or do the things that let them just be kids, because these are such triggers for the traumatized parent," said Kate Lipton, a program coordinator for military children at the Kids Serve II Camp outside Atlanta. "The household just becomes this giant eggshell."

Her study found that while there are many support services for veterans and their spouses, "that doesn't always trickle down to the children," she said.

At the Kids Serve II Camp, Lipton noticed that the kids are more independent, empathic and resourceful than their peers. But she also notices that they express anger and frustration more often because those are the emotions they see in their parent who have PTSD or a traumatic brain injury. Lipton said she has met kids "who don't know if they are allowed to smile, because they are told to be quiet since Dad or Mom has a bad headache. Or anything could possibly be a trigger."

Read more [here](#). For resources on working with military children in schools see the following:

[*Educator's Guide to the Military Child during Deployment*](#)

[*Educator Toolkit to Increase Awareness and Support to Military Children in Schools*](#)

[*Working Effectively with Military Families: 10 Key Concepts All Providers Should Know*](#)

[*Child Maltreatment in Military—A Fact sheet for Providers.*](#)

<http://www.nctsn.org/resources/topics/military-children-and-families>

[*School Connectedness: Extending Connectedness to Military Children*](#)

TRAINING OPPORTUNITIES

Youth Mental Health First Aid Training

The Pennsylvania Department of Education, Bureau of Special Education is pleased to announce the following training date: PaTTAN Harrisburg - May 5 & 6, 2015 (9:00 am - 1:30 pm - both days)

Youth mental health first aid is an eight-hour training designed to teach people methods of assisting a young person who may be in the early stages of developing a mental health problem or in a mental crisis. This training event is being offered to school and/or agency teams to ensure ample support is available to students.

Suggested team members are listed below. Prior to the training, teams will be required to watch an introductory webinar. Information pertaining to the recorded webinar will be provided upon registration.

Target Audience: School and/or agency teams which may include: educators, administrators, social services staff and volunteers, substance abuse professionals, social workers, school psychologists, guidance counselors, counselors, family members, college/university leaders, nurses, physician assistants, primary care workers, & policymakers. For questions regarding registration, contact: Wendy Weary, wweary@pattan.net or 717-901-2273.

"Happy Hour" Restrictions: From Theory to Practice

May 6, 2015 | 2 p.m. Eastern Time

Please join the Substance Abuse and Mental Health Services Administration (SAMHSA) for "Happy Hour" Restrictions: From Theory to Practice, on May 6, 2015, at 2:00 p.m. EDT. During this free one-hour webinar, Jim Mosher, Alcohol Policy Specialist, will review low-price, high-volume alcohol marketing practices, the number and extent of current state laws to restrict such practices, and potential barriers to and opportunities for passage and enforcement of similar legislation. Ted Mahony, Chief, Massachusetts Alcoholic Beverages Control Commission, will describe Massachusetts' experience with happy hour restrictions, which have been in existence statewide since 1983. Chief Mahony also will describe the findings of recent public meetings on whether the state should remove the restrictions in light of exemptions for newly-approved gaming establishments. Time will be provided for questions from the audience.

For more information and to register, visit:

www.stopalcoholabuse.gov/townhallmeetings/whatsnew/webinar_happyhour.aspx .

Mindset, Grit and Optimism: Promoting Skills that Lead to Academic Tenacity

Thursday, May 7, 2015

Center for Schools and Communities

Camp Hill, PA 17011

Research shows us that non-cognitive factors such as mindset, students' beliefs about their intelligence and abilities, their habits of self-control and their reactions to everyday setbacks can have a far greater impact than IQ on both academic and long-term success. Come learn relatively simple educational and psychological interventions that target these factors and can transform students' experiences and achievements in school and in life. This six-hour course is eligible for Act 48 and/or NASW credit. Pre-registration required.

[Register Online](#)

[Full course description](#)

[Download the flyer](#)

Cultivating Empathy for Healthy Relationships and Collaborative Classrooms

Tuesday, May 19, 2015

Center for Schools and Communities

Camp Hill, PA 17011

This training opportunity will challenge you to examine your own empathy skills. It will offer several practical and engaging activities and discussions you can have with your students to help develop empathy and perspective-taking and to cultivate an atmosphere characterized by kindness, respect and collaboration. Pre-registration required.

[Register Online](#)

[Full course description](#)

[Download the flyer](#)

Responding to the Prescription Misuse Epidemic: Promising Prevention Programs and Useful Resources

May 20, 2015 | 2 p.m. EDT

(Registration information to be released [here](#).)

Join a National Prevention Week webinar on prescription misuse and addiction. The webinar will describe the relationship between prescription opiates and heroin, and then discuss alternatives to opiates in treating acute and chronic pain. It will explain how to tell if you or someone you know might have an opiate problem. It will review the problems of prescription drugs in the workplace and dangers of sharing drugs at work. It will also discuss what employers are allowed to ask employees about their prescription use, including variations by occupation. It will then describe the youth "study drug" epidemic. The webinar will close with a review of promising prevention efforts focused on community-based prescription misuse and the fact sheets and tools available from SAMHSA to support them.

Bullying in Sports: The Injuries We Don't See

Thursday, May 21, 2015

3:00 p.m. to 4:15 p.m. EDT

This webinar provides an increased awareness of bullying and the various types of behavior that is often associated with sports. Coach Randy Nathan's presentation identifies the bully culture that exists within sports, identifies the types of bullies (Bully Coach, Bully Parent & Bully Player), identifies warning signs of being bullied and/or aggressive behavior, provides effective strategies for dealing with conflict and prejudice, and encourages coaches to empower players to become "Upstanders" and leaders in their school community. Go [here](#) to register.

Fifth Annual PAPBS Network Implementers' Forum

May 27-28, 2015

Hershey Lodge and Convention Center

Hershey, PA 17033

More information at: <http://www.pattan.net/>.

Eighth Annual PA Autism Training Conference for Professionals (PATC),

June 9-11, 2015

Eden Resort

Lancaster., PA 17601

Sponsored by the Pennsylvania Bureau of Autism Services

More information [here](#).

Commonwealth Prevention Alliance (CPA) 25th Annual Conference

June 10- June 12, 2015

Nittany Lion Inn

University Park, PA 16802

Go [here](#) for registration information.

"Partnerships: Inspiring Hope, Dreams and Achievement," System of Care Learning Institute

June 18-19, 2015

The Penn Stater Conference Center Hotel

State College, PA 16803

More information [here](#).

2015 National Autism Conference

August 3 -August 6, 2015

The Penn Stater Conference Center Hotel

State College, PA 16803

Description: This conference provides comprehensive, evidence-based information to assist educators, providers and families in developing effective educational and therapeutic programming for all students with autism spectrum disorders.

For complete session descriptions, general information, and registration visit:

<http://www.outreach.psu.edu/programs/autism/index.htm>.

SAVE THE DATE

2016 Annual PASAP/PAMLE Conference

February 28-March 1, 2016

The Penn Stater Conference Center Hotel

State College, PA 16803

For more information read [here](#). Access the conference Request for Presentation (RFP) [here](#)

FUNDING OPPORTUNITIES

Mentoring Funding Solicitations Now Available, Deadline Extended

The U.S. Department of Justice, Office of Juvenile Justice and Delinquency Prevention has reposted the following fiscal year 2015 funding solicitations with a new deadline of June 23, 2015:

- [Mentoring Opportunities for Youth Initiative](#). This solicitation supports organizations as they strengthen and/or expand their existing mentoring activities with local sub awardees and/or other mentoring organizations. Mentoring activities include direct one-on-one, group, peer, or a combination of these types of mentoring services for at-risk and underserved youth populations. Applications are due by June 23, 2015.
- [Mentoring for Youth: Underserved Populations](#). This solicitation will support mentoring services for underserved populations, including youth with disabilities, youth in foster care, and lesbian, gay, bisexual, transgender, or questioning youth (LGBTQ). Applications are due by June 23, 2015.

Visit [OJJDP's funding](#) page for more information about these solicitations. Access [OJJDP mentoring resources](#).

NIJ Announces Funding for Research to Improve School Safety

The [National Institute of Justice](#) (NIJ) is accepting applications for its fiscal year 2015 Comprehensive School Safety Initiative (CSSI). This program funds rigorous research to produce practical knowledge that can improve the safety of schools and students. Local education agencies (LEAs), public charter schools that are recognized as an LEA, and State education agencies (SEAs) also are eligible to apply, click [here](#) for more information. Applications are due by June 12, 2015. For technical assistance with submitting an application, contact the Grants.gov Customer Support Hotline at 800-518-4726 or 606-545-5035, or via e-mail to support@grants.gov. Grants.gov_Support Hotline hours of operation are 24 hours a day, 7 days a week, except federal holidays.

U.S. Department of Health & Human Services (HHS) Announces \$1 Million in New Grant Programs

HHS announced today that \$1 million in grant funds is available to support community projects for the Community Interoperability and Health Information Exchange (HIE) Program. The funding will help support and enable the flow of health information at the community level, leading to better care and better health. The Community Interoperability and HIE Program will provide funds to up to 10 community organizations, state or local government agencies, or other community groups. The awards will help unlock health information and better integrate community resources to advance better care and healthier communities. Deadline to submit an application is June 16, 2015, at 11:59 p.m. Eastern Time. The application is available [here](#).

Juvenile Drug Courts Addressing Systematic Barriers Program

Through this program, Office of Juvenile Justice and Delinquency Prevention (OJJDP) will make awards to currently operating juvenile drug courts to enhance their capacity to address barriers they encounter as they provide services to youth. Go [here](#) to learn more. All applications are due to be submitted and in receipt of a successful validation message in [Grants.gov](#) by 11:59 p.m. eastern time on June 2, 2015.

NEWS

The Sexting Scandal No One Sees

Parents and educators expend a *lot* of energy trying to stop kids from sending each other nude photos of themselves. They run workshops on “digital citizenship.” They preach, frequently, about online reputation and good judgment and the long-forgotten value of “self-respect.” But they might be missing the real, and really dangerous, sexting scandal — the one that few people, besides kids themselves, see. According to [new research](#) from Indiana University, as many as one in five sexters are actually coerced into sending sexual texts by threats or manipulation from their partner. The practice is so widespread among young people — and so deeply traumatic — that the developmental psychologist Michelle Drouin thinks it constitutes a new form of intimate partner violence. When Drouin ran the numbers on the rates of anxiety, depression and trauma symptoms among her respondents, she found that victims of “sexting coercion,” male *and* female, were more traumatized than people whose partners had coerced them into actual, physical sex. Read more about the study [here](#).

Childhood Bullying: Worse Long-Term Mental Health than Maltreatment by Adult

Bullying adversely affects children in later life more than being maltreated, according to new research from the University of Warwick. A new study published in *The Lancet Psychiatry* shows that children who have been bullied by peers suffer worse in the longer term than those who have been maltreated by adults. The research is led by Professor Dieter Wolke from Warwick's Department of Psychology and Warwick Medical School.

There is already an established link between maltreatment by adults and the mental health consequences for children. Professor Wolke and his team wanted to examine whether long-term mental health issues among victims of bullying were related to having been maltreated by adults as well.

Professor Wolke said: "The mental health outcomes we were looking for included anxiety, depression or suicidal tendencies. Our results showed those who were bullied were more likely to suffer from mental health problems than those who were maltreated. Being both bullied and maltreated also increased the risk of overall mental health problems, anxiety and depression in both groups."

Professor Wolke added: "Being bullied is not a harmless rite of passage or an inevitable part of growing up; it has serious long-term consequences. It is important for schools, health services and other agencies to work together to reduce bullying and the adverse effects related to it." Read about the study [here](#).

Kids with ADHD Must Squirm to Learn, Study Says

For decades, frustrated parents and teachers have barked at fidgety children with ADHD to "Sit still and concentrate!" But new research conducted at UCF shows that if you want ADHD kids to learn, you have to let them squirm. The foot-tapping, leg-swinging and chair-scooting movements of children with attention-deficit/hyperactivity disorder are actually vital to how they remember information and work out complex cognitive tasks, according to a study published in an early online release of the *Journal of Abnormal Child Psychology*.

The findings show the longtime prevailing methods for helping children with ADHD may be misguided.

"The typical interventions target reducing hyperactivity. It's exactly the opposite of what we should be doing for a majority of children with ADHD," said one of the study's authors, Mark Rapport, head of the Children's Learning Clinic at the University of Central Florida. "The message isn't 'Let them run around the room,' but you need to be able to facilitate their movement so they can maintain the level of alertness necessary for cognitive activities."

The new study goes an important step further, proving the movement serves a purpose.

"What we've found is that when they're moving the most, the majority of them perform better," Rapport said. "They have to move to maintain alertness."

By contrast, the children in the study without ADHD also moved more during the cognitive tests, but it had the opposite effect: They performed worse. Read more [here](#).

Movies, Teens and Risky Behavior

Seeing actors drink alcohol in movies seems to increase the likelihood that teens will drink and have alcohol-related problems, a new study suggests.

The findings fit with a growing consensus of evidence that teens are more likely to engage in various risky behaviors that occur in the films and TV shows they watch, said study author Andrea Waylen, a senior lecturer in social sciences at the University of Bristol in England.

But, this study doesn't prove that watching films with alcohol in them causes teens to drink, only that it's a possible factor. One expert pointed out another potential explanation for the findings.

"Kids who are more likely to drink or are already drinking may seek out more films with drinking in them," said Dr. Victor Strasburger, an emeritus professor of pediatrics at the University of New Mexico School Of Medicine. Yet, he added, a number of long-term studies conducted by a co-author of the current study "show that seeing episodes of drinking in the movies may be the leading cause of teenagers beginning to drink, or smoke if they see episodes of smoking." Click [here](#) to access the video explaining the findings. Read more [here](#).

Survey of Teen Dating and Violence among US High School Students

A survey of U.S. high school students suggests that 1 in 5 female students and 1 in 10 male students who date have experienced some form of teen dating violence during the past 12 months, according to an article published online by *JAMA Pediatrics*.

Teen dating violence can provide a point of potential intervention as specific types of TDV have been associated with increased alcohol and tobacco use, depressive symptoms and suicidality, eating disorders, and high-risk sexual behavior, according to the study background.

All health-risk behaviors, including alcohol use, suicide ideation and drug use were most prevalent among students who had experienced both physical and sexual TDV and least prevalent among students who experienced no TDV.

"These results present broader implications for TDV prevention efforts. Although female students have a higher prevalence than male students, male and female students are both impacted by TDV, and prevention efforts may be more effective if they include content for both sexes," the study concludes.

Read more [here](#).

CDC and FDA Find No Reduction in Overall Youth Tobacco Use Rates, E-Cigarette Use Dramatically Increases

The Centers for Disease Control and Prevention (CDC) and the Food and Drug Administration (FDA) analyzed data from the 2011-2014 National Youth Tobacco Surveys to determine the prevalence and trends of current use of nine tobacco products among middle and high school students. What they found was that e-cigarette use tripled among middle and high school students in just one year, 2013-2014. Hookah use doubled overall. And there was no decline seen in overall tobacco use among middle or high school students. Read more [here](#).